

Wild edible fruits found in Himachal Pradesh

S.No.	Species	Common Name	Distribution (Elevation)
1.	<i>Aegle marmelos</i>	Bael, Bilpatri, Wood apple	400-700 m
2.	<i>Artocarpus lacucha</i>	Dheu, Dheun, Lakucha, Lakudi, Monkey Jack	Up to 1200 m
3.	<i>Berberis aristata</i>	Kashmal, Kasmale, Tree turmeric, Indian barberry	1600-3000 m
4.	<i>Bombax ceiba</i>	Simal, Semul, Simbal, Silk Cotton tree	Up to 1200 m
5.	<i>Carissa spinarum</i>	Kharnu, Garna, Karondhu, Conkerberry	Up to 1500 m
6.	<i>Cordia dichotoma</i>	Lasuda, Salora, Indian cherry	Up to 1200 m
7.	<i>Cornus capitata</i>	Tharbal, Dhrambal, Himalayan strawberry tree, Evergreen dogwood	1300-3000 m
8.	<i>Corylus jacquemontii</i>	Thangi, Jhangi, Sayalu, Thangoli, Bhotia Badam, The Himalayan Hazel	1650-3150 m
9.	<i>Crataegus songarica</i>	Ramjag, Van-Sangli, Pandaakh, Asian Hawthorn	1700-3000 m
10.	<i>Diospyros lotus</i>	Amlook/Malook, Date plum, Wild Persimmon	1500-2500 m
11.	<i>Elaeagnus umbellata</i>	Ghain, Chindar, Autumn olive, Bastard oleaster	1200-3000 m
12.	<i>Ficus auriculata</i>	Tiamble, Timla, Elephant ear g tree	600-1400 m
13.	<i>Ficus palmate</i>	Fegra, Dagla, Dudha, Bedu, Wild fig	Up to 2000 m
14.	<i>Hippophae salicifolia</i>	Chharma, Suri, Charla, Leh berry, Seabuckthor	1500-3600 m
15.	<i>H. rhamnoides</i>	Chharma, Suri, Charla, Leh berry, Seabuckthor	1500-3600 m
16.	<i>H. tibetana</i>	Chharma, Suri, Charla, Leh berry, Seabuckthor	1500-3600 m
17.	<i>Juglans regia</i>	Akhrot, Khod, Walnut	1200-3000 m
18.	<i>Morus alba</i>	Shehtoot, Toot, Tutri, Chimu, White mulberry	Up to 1600 m
19.	<i>Myrica esculenta</i>	Kaphal, Kaiphal, Box Myrtle	1200-2000 m
20.	<i>Phyllanthus emblica</i>	Aonla, Amla, Indian gooseberry	700-1600 m
21.	<i>Physalis peruviana</i>	Rasbhary, Cape gooseberry	Up to 1650 m
22.	<i>Pinus gerardiana</i>	Chilgoza, Neoza, Ree, Miri, Chilgoza pine	1800-3300 m
23.	<i>Prunus armeniaca</i>	Chuli, Shada, Shadi, Zardalu, Wild apricot	1200-2500 m
24.	<i>Punica granatum</i>	Darhu, Wild pomegranate	900-1800 m
25.	<i>Prunus mira</i>	Behmi, Smooth pit peach	2000 to 3500 m
26.	<i>Pyrus pashia</i>	Shegal, Kainth, Mehal, Wild Himalayan Pear	900-2700 m
27.	<i>Ribes alpestre</i>	Chalendra, Pilikcha, Ghuspis, Asian gooseberry	2400-3600 m
28.	<i>Rubus ellipticus</i>	Aakhe, Acche, Hinure, Hisra, Heer, Hisalu, Yellow Himalayan Raspberry	800-2400 m

29.	<i>Rubus niveus</i>	Akhe, Achhe, Kala Hinsalu, Hill Raspberry	Up to 3000 m
30.	<i>Solanum nigrum</i>	Kali Makoi, Giwali, Ghyain, Black Nightshade	Up to 2400 m
31.	<i>Viburnum mullaha</i>	Ghenu, Talana, Thanena, Himalayan Viburnum	2000-3200 m
32.	<i>Ziziphus mauritiana</i>	Ber, Malhe, Jhar Beri, Indian Jujube	Up to 1500 m